

## **Sex and Relationships Education- Information for Parents**

Dear Parent/ Carer

9<sup>th</sup> June 2016

As part of our ongoing commitment to providing the best education for our pupils and to Child Protection (Safeguarding), I am writing to let you know about our special arrangements for PSHE (Personal, Social, Health and Economic Education) at Meadow Lane this half term.

This term's theme is Sex and Relationships (The children may know the topic as '**Growing and Changing**').

Our Sex and Relationships Education (SRE) policy was offered to parents for consultation in 2015. It was then agreed upon by the staff and finally discussed and agreed upon at a Governors meeting. However we feel that it is important to share the key points about this subject with you each year before we begin teaching your children.

**This gives you the opportunity to discuss any issues with your own child before we do, should you wish to.**

We will continue to focus on promoting children's social and emotional development, as well as their health and wellbeing within our existing PSHE lessons as usual. However during the 2nd half of the Summer Term each class will be covering the SRE topic of 'Growing and Changing'. The detail of what is included in this topic is outlined below. Please note that during this topic we will be teaching the children the proper names for the more intimate parts of their bodies. The lessons are well differentiated for the different ages in school and are clearly set out and well planned. Having this vocabulary enables the children to talk in a clear and unambiguous way if they ever encounter problems and we will ensure that they are taught these in a factual, sensitive manner. As in all other respects this curriculum will be centred on teaching children to become confident, independent and well rounded citizens for the future.

By the end of Key Stage 1 pupils will be able to:

- Recognise and compare the main external parts of the body
- Recognise similarities and differences between themselves and others and treat others with sensitivity
- Identify and share their feelings with others
- Recognise safe and unsafe situations
- Identify and be able to talk with someone they trust
- Be aware that their feelings and actions have an impact on others
- Make a friend, talk with them and share feelings
- Use simple rules for dealing with strangers and for resisting pressure when they feel uncomfortable or at risk.

Pupils will know and understand:

- That animals including humans grow and reproduce
- That humans and animals can produce offspring and these grow into adults
- The basic rules for keeping themselves safe and healthy
- About safe places to play and safe people to be with
- The needs of babies and young people
- Ways in which they are alike and different from others
- That they have some control over their actions and bodies
- The names of the main external parts of the body including agreed names for sexual parts
- Why families are special for caring and sharing

We feel that PSHE is an extremely important part of a child's education and it forms the foundations of all that we do at Meadow Lane. SRE is a very small part of this curriculum and is based on clear guidance from the Department for Education. The PSHE and SRE policies are available on the Meadow Lane website [www.meadowlane.notts.sch.uk](http://www.meadowlane.notts.sch.uk) and you can request a hard copy from the office. You do have the right to withdraw your child from SRE lessons but we would really encourage you not to do so. If you do wish to withdraw your child please let us know in writing.

Thank you and best regards,

Gail Roy (PSHE Coordinator)

Joanne Revill (Executive Head Teacher)